

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

هُوَ الَّذِي أَنْزَلَ السَّكِينَةَ فِي قُلُوبِ الْمُؤْمِنِينَ لِيَزْدَادُوا إِيمَانًا مَعَ إِيمَانِهِمْ وَلِلَّهِ
جُنُودُ السَّمَوَاتِ وَالْأَرْضِ وَكَانَ اللَّهُ عَلِيمًا حَكِيمًا

وَقَالَ النَّبِيُّ ﷺ: لَا يَفْعَدُ قَوْمٌ يَذْكُرُونَ اللَّهَ إِلَّا حَفَّتْهُمُ الْمَلَائِكَةُ، وَعَشِيَتْهُمْ
الرَّحْمَةُ وَنَزَلَتْ عَلَيْهِمُ السَّكِينَةُ، وَذَكَرَهُمُ اللَّهُ فِيمَنْ عِنْدَهُ

Dear Muslims!

The topic of our khutbah today will be on "sakinah," one of the spiritual states of the heart.

Sakinah is a state of peace, assurance, serenity, and contentment that comes to the heart through the grace and mercy bestowed by Allah the Almighty. This means the heart becomes filled with divine submission, unshakeable in the face of worldly conditions.

Allah ﷻ states in the Holy Qur'an: **"It is He who sent down tranquility (sakinah) into the hearts of the believers that they would increase in faith along with their [present] faith. And to Allah belong the soldiers of the heavens and the earth. And ever is Allah Knowing and Wise."** (Surah Al-Fath, 4)

Honorable Muslims!

A heart that has been granted sakinah is one of patience, serenity, and trust. It neither panics in the face of difficulties that come from the manifestations of Divine Majesty (celal), nor does it fall into arrogance with the blessings that come from the manifestations of Divine Beauty (cemal). A believer into whose heart tranquility has descended meets every manifestation of destiny, whether bitter or sweet, with contentment and serenity.

Our beloved Prophet ﷺ has said: **"When a group of people assemble for the remembrance of Allah, the angels surround them, mercy covers them, sakinah descends upon them, and Allah the Almighty mentions them to those who are in His presence."** (Muslim, Zikir 39)

My Esteemed Brothers,

Sakinah is a great gift that Allah Almighty grants to His friends so that their hearts may be freed from the bonds of the world. This state enables the servant to be pleased with Allah's decree, to be purified from whispers, doubts, and fears, and to believe with peace and confidence.

If we desire happiness and peace in our lives, we must first learn the fundamentals of faith correctly and

occupy ourselves frequently with the remembrance of Allah (dhikr) so that our hearts may find peace.

Therefore, wherever believers gather, they should engage in remembrance and knowledge, remind each other of Allah, hold conversations that make them ponder His power and greatness, recite the Qur'an, and remember the Allah ﷻ together, so that their hearts may attain serenity and peace.

I conclude my khutbah with a verse from the Holy Qur'an: **"The Day when neither wealth nor children will be of any benefit, except for he who comes to Allah with a sound heart (Qalb-u Saleem)."** (Surah Ash-Shu'ara, 88–89)